

Of Highbridge
u3a learn,
laugh,
live



U3A of Highbridge Magazine

Registered Charity No: 1184925

Website: www.u3ahighbridge.org.uk

Issue 135

Mar/Apr 2025

Your Committee

<u>Position</u>	<u>Name</u>	<u>Tel</u>
Chairman	Adele Stevens	07486 909687
Deputy Chairman	Allen Owen	01278 784500
Secretary	Janet Preddy	01278 783743
Treasurer	Carol Marriott	01278 795773
Membership Secretary	Neil Scott	07702 290471
Assistant Membership Secretary	John Ellis	01278 685483
Group & Events Coordinator	Denise Godby	01278 238526
Committee Member	Diane Scott	07484 869011
Committee Member	Peter Manning	01278 780203
Committee Member	Audrey Downing	07467 029154
Committee Member	Clive Haines	07711 834625
Committee Member	Paul Parkin	07563 164620

Other non-committee roles

Webmaster	Darryl Knight-Rees	07751 565705
Welfare and Greeting New Members	Fay Burston Dawn Porter	01278 782529 01278 325225

Magazine Editors	Darryl & Linda Knight-Rees Phone: 07751 565705 / 07708 344530 Email: magazine@u3ahighbridge.org.uk
Next Magazine Deadline:	<u>Sunday April 20th 2025</u>

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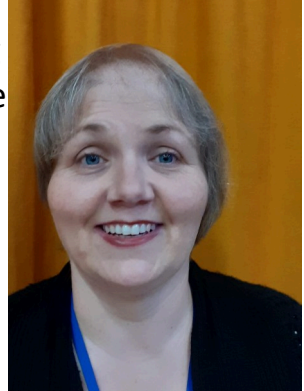
Note: In accordance with the requirements of the General Data Protection Regulation 2018, information relating to all of the U3A of Highbridge's members will be held on a computerised database and will be used solely for the U3A of Highbridge's business and communications.

Chairman's Message

Hi Everyone

What seems to have been an everlasting January and super quick February we are finally in March.

Let's hope for some spring weather. It's lovely to see so many snowdrops and Daffodils out already.



We have an action packed few months coming up so come along and enjoy.

We have had some new members join us recently so welcome to you all.

Bye for now.

Adele

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laugh,
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Club and Group News

Reminder

It's that time of the year again. If you wish to re-join the U3A for another year, please complete the membership form included in this magazine on page 5, and hand it together with your membership fee, to Neil or John (our membership team before the 1 April).

Annual General Meeting 2025

The 2025 Annual General Meeting of the U3A of Highbridge will be held on Wednesday 7th May at 10.30am in the Highbridge Community Hall. All members are invited to attend. The business of the AGM shall include the following:

Agenda

- 1 Apologies for absence
- 2 Adoption of the minutes of the last year's meeting
- 3 Matters arising from previous minutes
- 4 Chairman's report
- 5 Treasurer's report and acceptance of accounts
- 6 Appointment of an Examiner of the accounts for 2024/25
- 7 Secretary's report
- 8 Election of Committee members
- 9 Any other business
- 10 Date of next meeting

All fully paid up members are eligible to attend and vote. If it is your intention to attend and have your say, please renew your membership before the meeting.

If you would like to nominate a member to serve on the Committee, please complete the relevant form on page 7 included with this magazine.

Further copies may be obtained upon request from a committee member.

u3a of Highbridge

Membership No:

Application for Membership

Membership of a u3a which is a self-help, educational and social organization, is open to all in their third age, which is not defined by a particular age, but by a period in life in which full time employment has ceased.

..... (Title & Full Name)

Address:

Post Code: Email:

Telephone No: Mobile:

Date of Birth: Emergency Contact No:

Please let us know if you have any medical conditions that you think we should be aware of:

.....

The Annual Membership Fee is £10 (£6.00 for members from other u3a areas) that includes a fee of £4.00 per capita which is paid to our National Organisation, The Third Age Trust.

The Membership Fee is paid annually and runs from the 1st April and valid to the 31st March the following year.

During my membership of the u3a of Highbridge, I confirm that I will abide by the terms and conditions of membership. These can be found in the Policy Document, a copy of which is on the Notice Board. I sign to that effect below.

Privacy Statement (See overleaf) Your personal details will be held on a secure database and will be used solely for purposes of administration and for the communication of u3a matters. They will not be supplied to an outside agency or party unless you have paid to receive the 'Third Age Matters' magazine (mailed directly to you).

I agree that my personal details can be stored and processed as described above

Signature of Applicant: Date:

The u3a of Highbridge produces 6 bi-monthly magazines free of charge per year. These may be collected at the Coffee Morning held every Wednesday (10.00am – 12.00 pm) at Highbridge Community Hall.

NB: If you are unable to collect your magazine and wish to have it posted to you, then there will be an annual charge of £6 to cover p&p payable at time of Membership Renewal.

PLEASE POST TO ME

Official Use: Amount Paid £ Dual Member (u3a)

Registered Charity No: 1184925

PRIVACY STATEMENT

The GDPR (Data Protection) requirements came into force in May 2018. As a registered charity, we need to have your explicit permission to retain the information we hold about you.

The information we keep is on the reverse side of this form. The information is as follows:

- Your name and address (essential)
- Your email address (if you have one)
- Your telephone number plus mobile (if you have one)
- Your Date of Birth
- Emergency Contact Number
- Any medical conditions that you think we should be aware of

This information is a condition of membership of the u3a of Highbridge and we require it to identify you as a member and to communicate with you.

We do not retain any information defined as 'Sensitive Personal Data'.

We process your data by:

- Using it to communicate with you, and to keep you informed about u3a activities.
- Maintaining attendance records, waiting lists, booking and contact lists etc., in connection with u3a travel, holidays plus other activities.
- Using it to validate your attendance and voting rights at General Meetings.

We will not transmit your data to anybody outside u3a without your explicit consent, except to the Third Age Trust if you subscribe to their magazine. Other members may receive your email information during general circulation of emails.

We will not retain your personal data for longer than one year after you cease to be a paid-up member of the u3a of Highbridge. If you cease to be a member, you have the right to have your personal information deleted immediately by notifying the Membership Secretary.

.....

NB For more information relating to the u3a of Highbridge please ask to see a copy of our Constitution. A copy of the u3a of Highbridge Policy Document is on display on the notice board.

Nomination Form

I wish to nominate the following member for election to the Management Committee at the AGM on Wednesday 7th May 2025.

Name of member nominated.....

I agree to stand for election to the Management Committee of the U3A of Highbridge and thereby, if elected, to become a Trustee of the Charity.

Signature of nominated member

Proposed by:

Signature:

Seconded by:

Signature

Date

This nomination form when completed, should be sent to The Secretary, U3A of Highbridge. Nominations must be received 21 clear days before the date of the AGM (16th April 2025).

1. Proposer and seconder cannot be a current committee member or officer of the U3A of Highbridge
2. If there is a contest, the election shall be decided by a secret ballot
3. If at the AGM, there are insufficient candidates standing to fill the committee vacancies, the Chairman of the meeting may, as a last resort, appeal for any willing member present to agree to stand.

Days out

Our first day out of the year will be to Buckfast Abbey and Widecombe on the moor. This will be on Monday 14th April. Cost will be £21.00 per person.



The next trip will be to Swanage on Monday 19th May. Cost will be £22.00 per person.



The Windmill Bar and Bistro, Edithmead

u3a HIGHBRIDGE CARVERY LUNCH WEDNESDAY 26th MARCH 2025 Arrive 12.30 for 1pm lunch

MAIN COURSE: -

- C. BEEF, TURKEY CARVERY**
V1. CHEESE, LEEK AND POTATO PIE OR
V2. RED WINE THYME AND MUSHROOM PIE

All served with a selection of freshly cooked seasonal vegetables and potatoes together with all the usual accompaniments.

DESSERTS: -

- 1. APPLE PIE** *served with custard/cream/ice cream*
2. RASPBERRY AND WHITE CHOCOLATE CHEESECAKE
3. ICECREAM

TEA/COFFEE

COST PER HEAD £18.00 members, £21.00 visitors

Name..... I also wish to

book a lunch for.....Guest/s

My choice from Menu is:

Main Course C. V. Dessert. 1. 2. 3.

Please complete this booking form and take it with you when you book your lunch with Denise Godby. All meals to be paid for by Wed 12th March

PAID..... DATE.....No.....

Christmas Hamper Raffle Update

We were Delighted to hand over our donation from the Christmas Hamper Raffle to Ceri Joyce - Chairman of Friends of Burnham on Sea War Memorial Hospital.

Also another donation to Burnham and Highbridge Food bank.

A total of £279 went between the 2 causes.

A big thank you to everyone for your generosity!





Events for your diary

16 April – Easter Bonnet competition and hot x buns - during Coffee Morning. No charge.

7 May – AGM. Start 10.30am- Highbridge Community Hall.

6 July – Free Social afternoon tea 3-6pm Main Hall - Highbridge Community Hall.

Loss of Members

We recently lost 2 Members of our U3A:

Sybil Tilley and John Preddy

We shall all miss them very much.



Wear it red/lunch club

A few members getting in the spirit with wear it red for Valentines.

A lovely lunch club the same day at the Rosewood Burnham on Sea.



Group Activities

Monday

<u>Week</u>	<u>Time</u>	<u>Group</u>	<u>Venue</u>	<u>Leader</u>	<u>Tel</u>
1 st , 3 rd & 5 th (excluding bank holidays)	2.00 to 4.00	Board Games	S.H.	Pete Manning Chris Murphy	07976 408843 07947 203046

Tuesday

<u>Week</u>	<u>Time</u>	<u>Group</u>	<u>Venue</u>	<u>Leader</u>	<u>Tel</u>
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Wednesday

<u>Week</u>	<u>Time</u>	<u>Group</u>	<u>Venue</u>	<u>Leader</u>	<u>Tel</u>
Every	10.00 to 12.00	Coffee Morning	C.H.	N/A	N/A
2 nd	12.00 onward	Luncheons	Varies	Adele Stevens	07486 909687

Thursday

<u>Week</u>	<u>Time</u>	<u>Group</u>	<u>Venue</u>	<u>Leader</u>	<u>Tel</u>
Every	2.00 to 4.00	Table Tennis	C.H.	Audrey Downing Rod Downing	07467 029154
Last	Varies	Classic Car Appreciation	Varies	Malcolm Manser	07932 734473

Group Activities

Friday

<u>Week</u>	<u>Time</u>	<u>Group</u>	<u>Venue</u>	<u>Leader</u>	<u>Tel</u>
1 st & 3 rd	1.30 to 3.00	Skittles	C.A.	Self-Regulating	01278 238526
1 st & 2 nd & 3 rd & 4 th	10.00 onward	Strollers	Varies	Self-Regulating	01278 238526
5 th	10.00 onward	Somerset Churches	Varies	Bernard Martin	01278 787230

Occasional

<u>Weekdays</u>	<u>Activity</u>	<u>Contact</u>	<u>Tel</u>
Varies	Holidays	Christine Owen	01278 784500
		Diane Scott	07484 869011

Changes since last issue are highlighted in yellow.

Legend

S.H. Southwell House	C.A. Coopers Arms
P.H. Private House	C.H. Community Hall (Room Number)

Should you wish to join a Group please first contact its Leader.



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Monthly Draw

11th January 2025	No. 57	Hazel Sales and Nina Richards
8th February 2025	No. 51	Judith Clarke and Kathleen Taylor

Winners each received £20.00

HOLIDAYS 2025

I have booked the Daish's Bournemouth Sands Hotel from Thursday 5th June to Monday 9th June (the usual 5 days/4 nights). The cost is £324 per person with an additional £10 for a single room. Please reserve your place with a non-refundable deposit of £50 by 5th March at the latest. If the requests for single rooms exceed the allocation we shall, again, have to "draw names out of a hat" to ensure everyone has an equal chance.

Daish's will not take any mobility scooters on their coaches but will take a maximum of 3 walking aids.

Please reserve the date for the Tinsel and Turkey holiday booked for Sunday 30th November to Thursday 4th December. The cost will be £304 per person but as they only have 2 single rooms available the supplementary cost ranges from £10 to £25.

For further details or to book please see us at a Wednesday coffee morning or contact me on 01278 784500.

Chris Owen and the Holiday team



BOURNEMOUTH HOLIDAY JUNE 2025

The next Highbridge U3A Holiday will be to

Bournemouth Sands Hotel

(for the usual 5 days/4 nights)

from

Thursday, 5th June until Monday, 9th June 2025

Cost is £324 (plus single supplement of £10)

Please make your booking with a £50 deposit by 5th March

Christine Owen and the Holiday team
(My number is: 01278 784500)

As before they will take a maximum of 3 mobility aids (No mobility scooters) on the coach and if the demand for mobility aids or single rooms exceeds the allocation we will again have to "draw names out of a hat"!

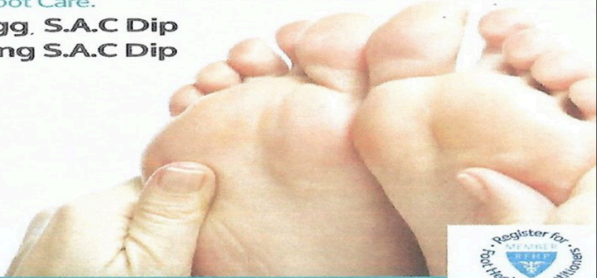
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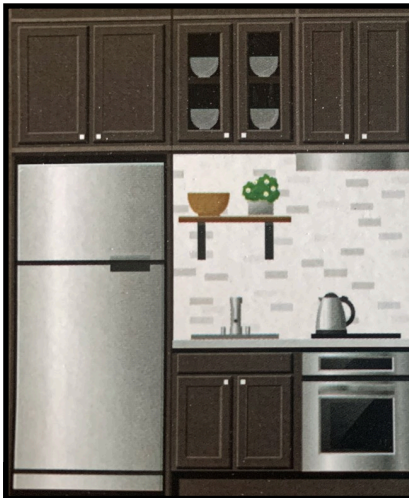


Contact Lydia on

07720 383 994

Contact Andrea on

07729 497 377



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I live in Burnham and cover from Weston to Bridgwater and to Cheddar area. I have never received anything lower than a 5* review on Google.

January 2025 Strollers

Photos and a bit of waffle

We had made the decision last year to have our “Christmas” lunch in the New Year, well we do like to be different! The appointed Friday in January, the 2nd one to be precise, arrived and it was agreed to meet at high noon instead of the usual 10 o’clock. I was treated to a lift from home service by Keith, how spoilt am I?

The meal was scheduled for 2pm so we visited Meare Church first. The influence of Glastonbury Abbey can be seen in the high ceilings but otherwise it is comparatively plain. It was built in 1324 and improved in 1490.



The ironwork on the door and the 14th century style roof on the chancel were stunning.

There is a very old, very large and beautiful tree in the grounds

Then we took the short walk down the road to the Abbot’s Fish House which unfortunately was locked (key available for collection) but we peered in through the unglazed (but barred) windows. It is the only surviving monastic fishery building in England. Its design indicates that it was not for processing fish, although it had

preparation and salting facilities at some point, but a house for the person in charge of the fishery. It was gutted by fire in the 1880s.

The need for culture and exercise satisfied we turned our attention to lunch and drove the short distance to Sweet's, where parking was trickier than expected. As we were early Keith went in to announce our presence. They were ready for us and we were invited in to a section set up for us. The tables were laid with colourful cloths, decorations and New Year crackers. Yes, I know they were indistinguishable from Christmas ones but use your imagination! A drink was poured, followed by plates overflowing with Christmas fare. Various deserts were served but some could not find room, pity as it was delicious. It is a long time since I had eaten so much and indeed did not eat again for 24 hours. Thank you to Keith for organising, Sweet's staff for cooking and serving. Thank you also to the drivers allowing others to have a drink and last but by no means least to Audrey for the photographs.

Paula







Somerset Churches 31

Meare

The church of the Blessed Virgin Mary and All Saints dates from 1323 and was originally in the keeping of the Abbey in Glastonbury. The building was consecrated by John Draxford, Bishop of Bath and Wells. The farm next to the church was once a residence of the Abbots of Glastonbury and the village came under their jurisdiction; it is believed that the current church sits on the site of the hermitage of a local saint of the Anglo Saxon era. Only the chancel and the tower remain of this 14th century church. About a century later the then Abbot, John de Selwood had the nave demolished and rebuilt in the fashionable Perpendicular Style.

The Reformation in the 16th century brought huge changes to the church, and the closure of Glastonbury Abbey, with the hanging of Abbot Whiting on Glastonbury Tor, must have had particular significance for the villagers. The monarch was now the head of the Church of England and money had to be found to display the Royal Arms. Important parish documents including the registers of baptisms, marriages and burials, compulsory since the days of Henry VIII, had to be kept in the church. For 700 years the church had served at the heart of the village, and for 700 years the people of Meare and Westhay have been diligent stewards of this inheritance.

Walton

The earliest reference to a church at Walton dates to 1168, when one was recorded as being in the possession of Glastonbury Abbey. Walton formed a benefice with Street from at least the middle of the 13th century with Walton being considered an annexed chapelry. The church was dedicated to St. Nicholas in 1546 and later rededicated to Holy Trinity in the early 18th century in its final form the church was

made up of a nave, chancel, porch and tower with 5 bells. The original central tower and part of the nave were demolished in 1836 and a new tower built on the north side of the church.

By the middle of the 19th century the church was in a dilapidated condition. The rector Rev. James George Hickey, embarked on a rebuilding scheme with much of the work being funded by Rev. Hickley and the Marquess of Bath, John Thyne. The consecration took place on the 3rd of May 1866 and Walton became its own parish in 1886 but was later reunited with Street in 1978. Today the church forms part of the benefice of Street, Walton and Compton Dundon.

Ashcott

Christianity came to this part of England at a very early date, and there was a Monastery at Glastonbury in the 7th century or before. It became a house of the Benedictine order, and in course of time under the great St. Dunstan, it attained the status of an abbey and acquired vast estates; Ashcott was part of one of these. The Anglican Church of All Saints in Ashcott was built in the 15th century on the site of an earlier church. The building of it was probably carried out between 1456 and 1492 and bears the arms of John Selwood the Abbot of Glastonbury at the time.

Less than 50 years after that, the church's long association with the Abbey was to end. Henry VIII dissolved the lesser monasteries in 1536 and in 1539 it was the turn of the greater. Three Royal commissioners arrived in Glastonbury, on the 19th September. Abbot Whitting was tried and executed on 15th November on Glastonbury Tor. The Abbey was ransacked, its lands came into the possession of the king, who apparently granted Ashcott to Thomas Walton.

Bernie.....

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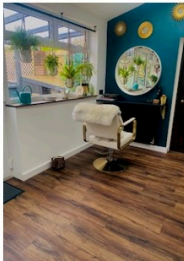


And keep up to date with all of our news and what we have going on!

25 College Street, Burnham on Sea, TA8 1AS

This Space is available for an advert. If you or anyone you know would like to take advantage of this opportunity, please contact the U3A of Highbridge Secretary (tel: 01278 783743, email: secretary@u3ahighbridge.org.uk).

The cost is £30 per annum for a half page advert. The magazine is published 6 times a year and distributed to approximately 200 members.



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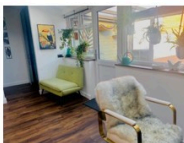
Please call, message or WHATS App - Mel

07784832640

Email

westneybarber@gmail.com

Find me on 



Calendar

<u>Date(s)</u>	<u>Details</u>	<u>Cost</u>
2025		
March 26th	Annual Lunch	£18.00 (members) £21.00 (visitors)
April 14th	Away Day: Buckfast Abbey and Widecombe on the moor	£21.00
April 16th	Easter Bonnet competition and hot x buns during Coffee Morning	Free
May 7th	AGM. Start 10.30am - Highbridge Community Hall.	N/A
May 19th	Away Day: Swanage	£22.00
June 5th to June 9th	Holiday: Bournemouth Bournemouth Sands Hotel	£324 (+£10 single supplement)
July 6th	Free Social afternoon tea 3-6pm Main Hall - Highbridge Community Hall.	Free

Cheques to cover payments for all "Away Days", Theatre trips and Holidays must be made payable to "U3A of Highbridge"

Please also add your name, address and phone number on the reverse of the cheque, this: -

a) helps to identify you on the passenger list, and

b) If a trip is cancelled you can be notified quickly.